

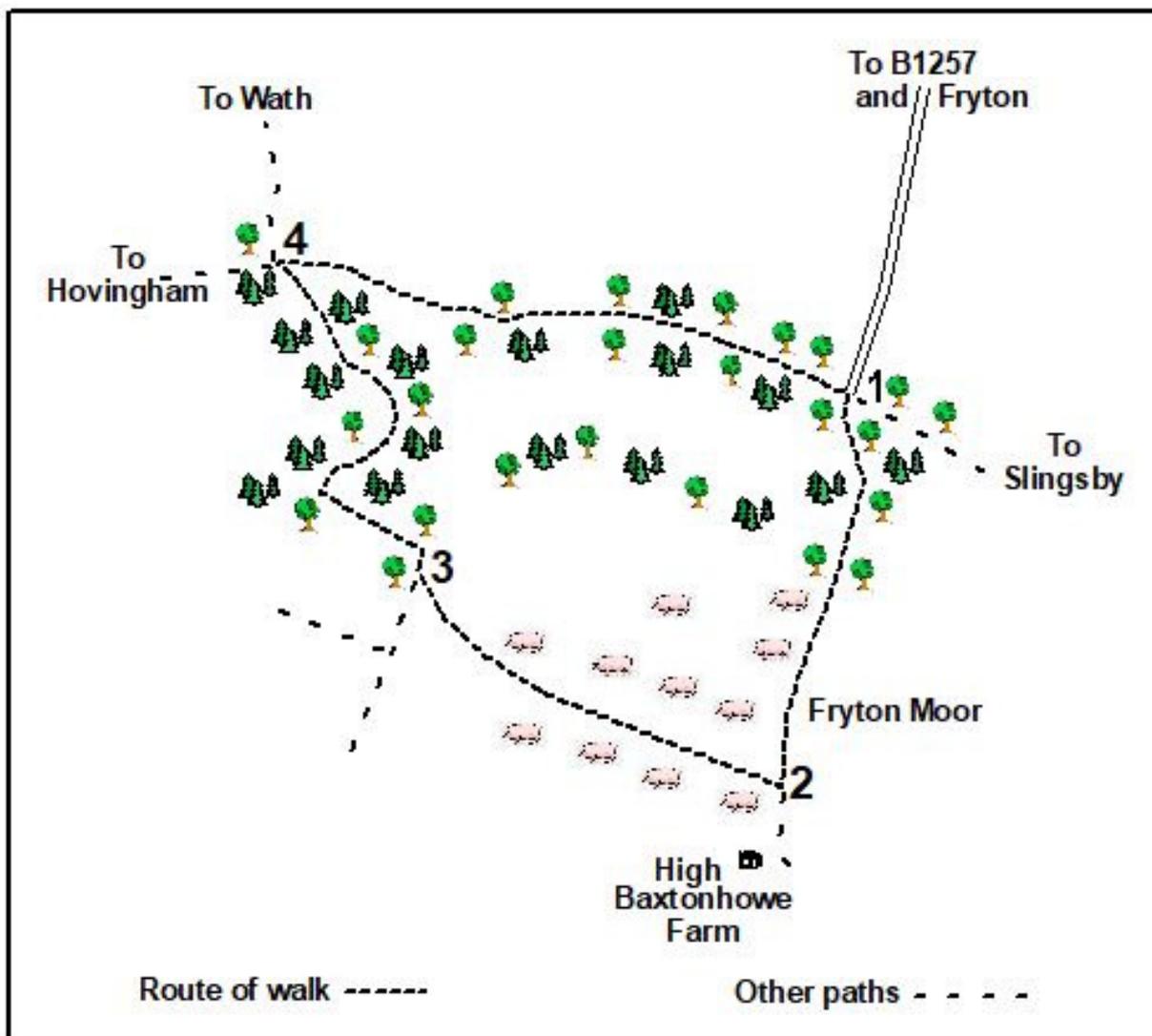
## Walk for January 2021 Fryton Moor and Woods

*A short walk ideal for January when daylight is limited and weather can be unpredictable. There is only one small section which can be particularly wet and muddy but good waterproof footwear is recommended anyway. Part of the walk passes through acres of fields of pigs in pens – farming on a scale which is quite impressive.*

*The start point of the walk is at the top of Fryton Lane which can be reached by car. From Slingsby head west towards Hovingham on the B1257 road and half a mile along at the junction to Fryton turn left and drive carefully up the single track tarmaced lane. At the top of the hill where the tarmac ends there is space to park without blocking the lane or access to the woods. Better still do a U-turn and drop back 30 yards down and there is ample room to park on the verge on the left.*

*\*\* If you want to make the walk part of a longer route without a car, starting and finishing in Slingsby, please see the instructions at the end.*

<b>Start</b> — High point of Fryton Lane
<b>Distance</b> – 2 miles <b>Duration</b> – 1 hour



1. From the top of the hill the tarmaced lane you drove up on immediately starts to descend as it becomes a stoned track. Walk down that hill with woods on both sides. Shortly after levelling out the woods end and the valley opens out as you reach Fryton Moor with open moor on the left and fields of a pig farm on the right. The track rises gently towards High Baxtonhowe Farm.
2. Just before reaching the farm turn right on to a clear track which passes between the fields of pigs. This track continues to rise then after passing its high point descends more steeply and bends round to the right.
3. As the track turns sharply left by a gate, turn right at the waymark for about 20 yards then bear left into the wood on the clear path. The next 100 yards or so are the wettest part of the walk but after crossing the small beck can mostly be avoided by using the well trodden deviations through the trees beside the path. The path bends sharply to the right as it starts to ascend more steeply. Stay on the path as it bends its way ever upward until it emerges at a 'crossroads' of paths and bridleways.
4. Turn right uphill on to the bridleway. The route enters more woodland through which it passes for the remainder of the walk until you arrive back at the top of Fryton Lane and your vehicle.

Geoff Brooks 2021

**\*\* If you want to do the walk without a car**

From the maypole in the centre of The Green in Slingsby, head southwest (past the bus stop and small car parking area.) At the corner (100 metres) bear left, and straight away cross the road to join a marked footpath between farm buildings and a large bungalow (Castle Garth). A Kissing Gate straight ahead gives access into the field. Proceed along a well trodden footpath heading for the buildings directly ahead which form the village of Fryton. Go through the gate into the lane at Fryton, turn left and walk up the lane, carefully crossing the main B1257 road and continuing up the lane opposite. At the brow of the hill you reach the start of the above walk.

To return to Slingsby at the end you can retrace your steps via Fryton. If you want an alternative route, cross Fryton Lane and continue along the bridleway for about half a mile. Turn left at the waymark and follow the downhill path which exits the woodland, passes through farmland and emerges at the B1257 with Slingsby in view to the right. Walk beside the main road before crossing to walk down High Street and back to you start point. By either route you will have added just less than 3 miles to the main walk making around 5 miles in total.