

Walk for June 2018

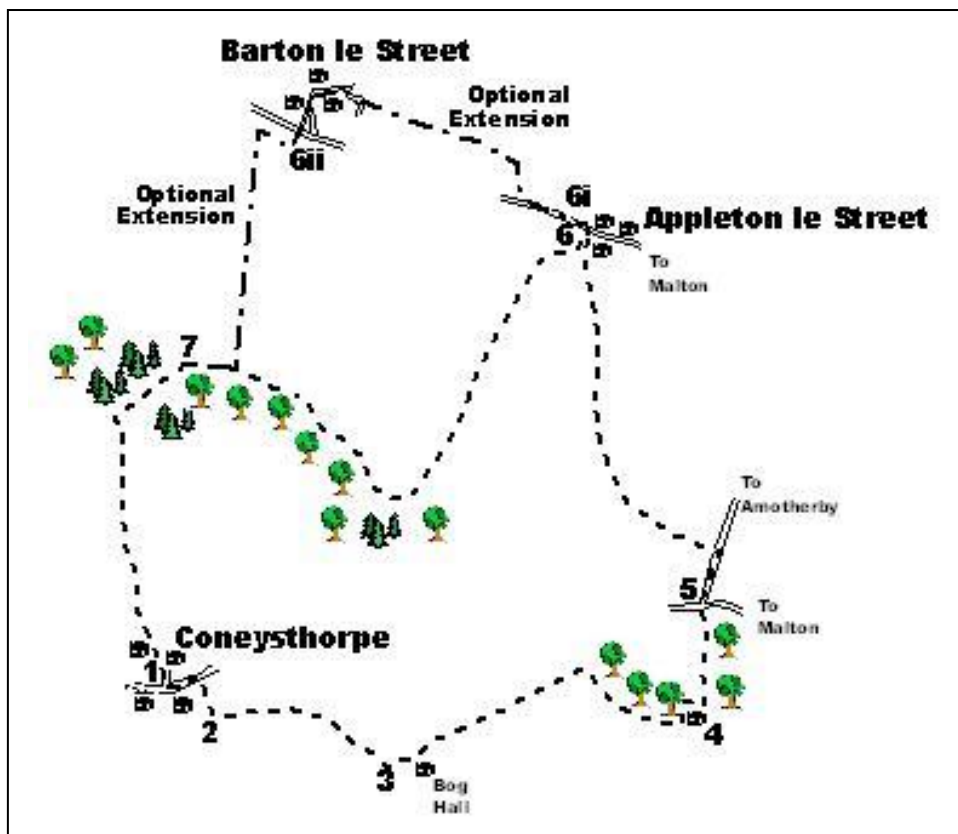
Coneysthorpe, Appleton le Street with option of extension to Barton le Street

Longer days so a longer walk this month. This walk passes out of the Castle Howard Estate to visit the edge of the flat Vale of Pickering which was formed as the bed of a glacial lake. Views across the Vale from the highest points of the walk are excellent.

Appleton le Street is one of the "street" villages which are on the line of a former Roman Road from Malton to Boroughbridge, and the Cresswell Arms pub there offers half way point refreshment.

To get to Coneysthorpe take the York road at the crossroads at the top of Slingsby, after some 2 miles turn left at the next crossroads, enter Coneysthorpe village and turn left into the village green and park there, taking care not to block roads or driveways.

Start — Coneysthorpe village green
Distance - 7 miles **Duration** – 3 to 4 hours
- 7¾ miles if extended to Barton le Street



1. From the green go back to the road through the village, cross the road and turn left. At the end of the pavement on the right, turn right through the small gate at the waymark and join the track.

2. Around 50 yards before the track passes out of the field through a gap in a hedge, take the other track off to the left. Follow that track through a gate alongside the treatment works, and bear right along the edge of the field on the grass track, keeping the trees on your right. Another gate and another field, now with the stream on your right, brings you to a stoned road by a bridge.
 3. Turn left up the incline and stay on the track as it passes the Bog Hall farm complex on the right, then straightens out for a half-mile stretch. At the end of the straight, keep to the track now waymarked 'Low Easthorpe ¼ mile' around the edge of the wood which is on your left (with good views over to the mausoleum on the right. The track narrows to a path and enters the bottom of the wood before emerging with a farmhouse ahead.
 4. Pass to the left of the farm on the recently diverted footpath, and some 50 yards beyond the farm the lane leading away from it bends left and enters the wood through a gate. The next ¼ mile is a steady ascent through woodland that is especially picturesque at bluebell and wild garlic flowering time. The track eventually meets a road.
 5. Cross the road and, at 1 o'clock join the lane signposted 'Amotherby 1¼'. Walk up the lane and, almost at the brow of the hill, turn left on the waymarked track signed 'Appleton-le Street 1 mile'. The track keeps the low hedge on the left, then passes through a gate to join some private gallops. The views from here, and on the rest of the descent, are panoramic, overlooking the Vale of Pickering and the distant North York Moors. A little further on a waymark post points to 2 o'clock. Your target is a white waymark post at the opposite lower side of the field. Depending on the season and the crop being grown, either reach it in a straight line, or skirt round the growing crops to arrive at the post. Go through the gap in the hedge and join the track that goes gently downhill to arrive in the Cresswell Arms car park at Appleton le Street. (Walkers are welcome). To complete the basic walk go to **Point 6** below. *To add a visit to Barton le Street go to **Point 6i** below.*
 6. Join the lane that heads south west from the car park waymarked 'Coneysthorpe 3 miles'. The lane becomes a track and then narrows to barely a path. As you climb gently the path enters the centre of what is basically a very wide hedge that extends for around half a mile. The path emerges with a hedge on the left and field to the right. Around 200 yards before reaching the wood ahead, at the start of the fencing on the right, cut across the field at 2 o'clock towards a gate at the wood's edge. Enter the wood and a few yards ahead is a waymark. Turn right and stay on that track for almost a mile, at first through woodland then with woods on your left and good views to the right. You arrive at a waymark signposted 'Centenary Way - Coneysthorpe'. You are at **Point 7**.
- 6i. At the far end of short lane to the left of the car park is the main Malton to Helmsley road. Cross this with care and go left along the roadside footpath. Shortly after the last house on the right turn right on a footpath at 1 o'clock going downhill through trees. The path emerges into a field where you turn right and follow the field boundary as the path levels heading towards the*

next village, Barton le Street. Pass out of the fields on to a lane which soon meets another road at a T junction. Go left uphill to the Village Green where the road bends left then a little further up splits at the house in the centre. Go up the right hand road to the junction with the main road. Be careful.

6ii *Cross the road and go almost straight ahead at the bridle path waymark. Go into the field beyond and turn right, skirting the edge of the field and then climbing with the hedge on your right. The ascent is long but steady to reach the gate by the woods at the summit. Turn right and a little further on you reach a waymark signposted 'Centenary Way - Coneysthorpe'. You are at **Point 7**.*

7. Go left where the path descends quite steeply and can be slippery in wet weather. Turn left at the bottom as the path meets a track then a few yards along turn right into the field to join the path which winds its way to arrive back at Coneysthorpe Village Green.