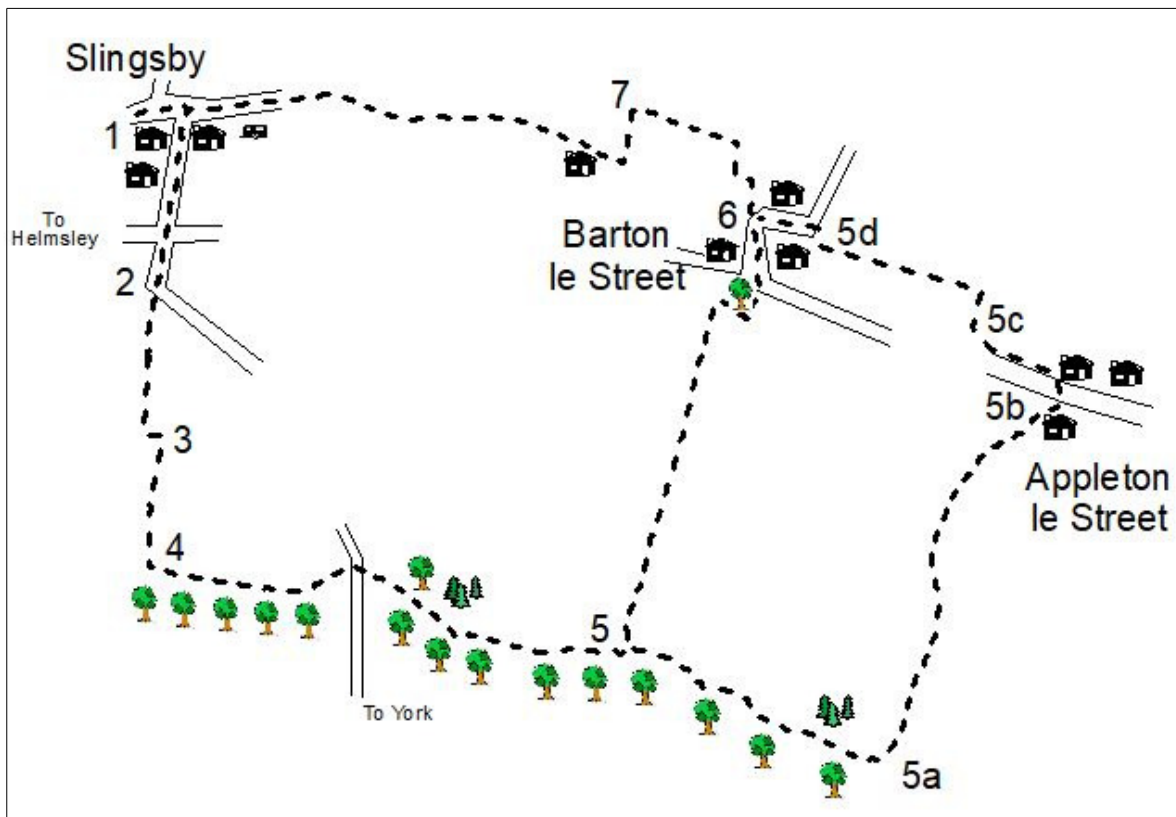


## Long Balk, Centenary Way, Sheep Walk, Barton Heights, (Appleton le Street), Barton le Street, Wandale.

*This route includes farmland, woodland, panoramic views, a look at Slingsby's eastern neighbour, Barton le Street – and a glimpse of Castle Howard. An optional variation giving a longer walk that includes Appleton le Street is also described.*

**Start** – The Village Green

**Distance** – 5½ miles    **Duration** - 2 - 2½ hours  
 With extension – 7¼ miles                      - 3 - 3½ hours



1. From the Maypole in the centre of the Green, take the footpath by the telephone box and follow the road signposted Malton round to the right. At the crossroads, where the road meets the main B1257, go straight across and continue up the hill 100 yards.
2. As the road bends to the left, take the track straight ahead waymarked Public Bridleway.
3. Turn left as the track ends at a field. 100 yards along turn right along the slightly raised grass path that crosses farmland heading towards woods.
4. Go through the gate and turn left on to a track, which you now follow through a field gate, across the road (carefully) at Sheep Walk and straight ahead through a metal gate into a field where the track rises, with a fence on left, to another field gate at the woods' edge. Over the first and last 150 yards of the climb take time to enjoy the splendid views towards Castle Howard at 2 o'clock. Once through the gate, the track continues to climb gently through dense woodland before fields open out on the left. Keep straight on at the waymark showing Centenary Way to the right and walk on another 150 yards.

*(For the extended Appleton le Street walk now go to Point 5a on the next page)*

5. Go through the waymarked gate on the left and descend the clear path to the bottom of the hill. Enjoying the fine views over the Vale of Pickering spread below. At the corner of the field the path goes sharp right before 100 yards later going left on to a parking area adjoining the B1257 road. Cross the road and walk down the narrow village road opposite into Barton le Street.
6. As the road broadens at the Village Green bear left towards the north west corner at 10 o'clock and enter the farmyard beside the waymark. Cross the farmyard and exit on to a stoned track that bends round to the left then right. 200 yards along a clear arrowed sign "Slingsby" directs you across a grassed path beneath electricity poles.
7. At the end of the field follow the path left then turn right to a track that takes you through the farm buildings of Wandale Farm. Continue along the track until it joins the tarmaced road which leads straight back to Slingsby Village Green.

**Extended walk to include Appleton le Street section.**

Instead of going left through the gate continue along the track with woods on your right and extensive views left across the Vale of Pickering to the North York Moors.

- 5a. Some  $\frac{3}{4}$  mile further on turn left at the waymark post, signed Appleton le Street, and go down the delightful path that passes between two ancient hedges before widening to a track and road that emerges beside the car park of the village pub, the Cresswell Arms.
- 5b. At the main road cross the road and go left along the footpath. After the last house on the right bear right down a waymarked footpath.
- 5c. Go through the first gate then left across to the opposite bottom corner and through the gate there. The path then goes virtually straight ahead along the base of the field before widening to a track that passes Glebe Farm and reaches a wider tarmaced road.
- 5d. Go left into Barton le Street village and at the Green find the north west corner and rejoin the original walk at Point 6.