

- 5.** Leave the village and 100 yards beyond where the footpath ends at the last large house in the village on your right, turn right at the sign for Tuft House Farm into a tarmaced lane. Continue half a mile along as the road passes between hedgerows before reaching an open sided field on the left with a thick hedge on the right.
- 6.** With the white painted farm some 200 yards ahead, at the end of the hedge turn right at the oak tree on to a stoned track. Follow this track as it bends towards the village of Fryton, passing the barns at Fryton Grange
- 7.** The track surface shortly becomes tarmaced. Continue past The Gatehouse on the left, over the bridge and into Fryton Village. On the right shortly after the bridge, if you have not already passed this way, take a rest and study the Fryton Millennium Mosaic. Continue round the double bend in the road.
- 8.** Immediately after the last building on the left, turn left through the gate on to the waymarked path towards Slingsby, with the castle ruins already in sight. After passing through fields and a series of gates the path emerges through a farmyard on to High Street, Slingsby. Cross the road at 10 o'clock and follow it back to The Green.