

## Walk for March 2023

### Sinnington and Appleton-le-Moors

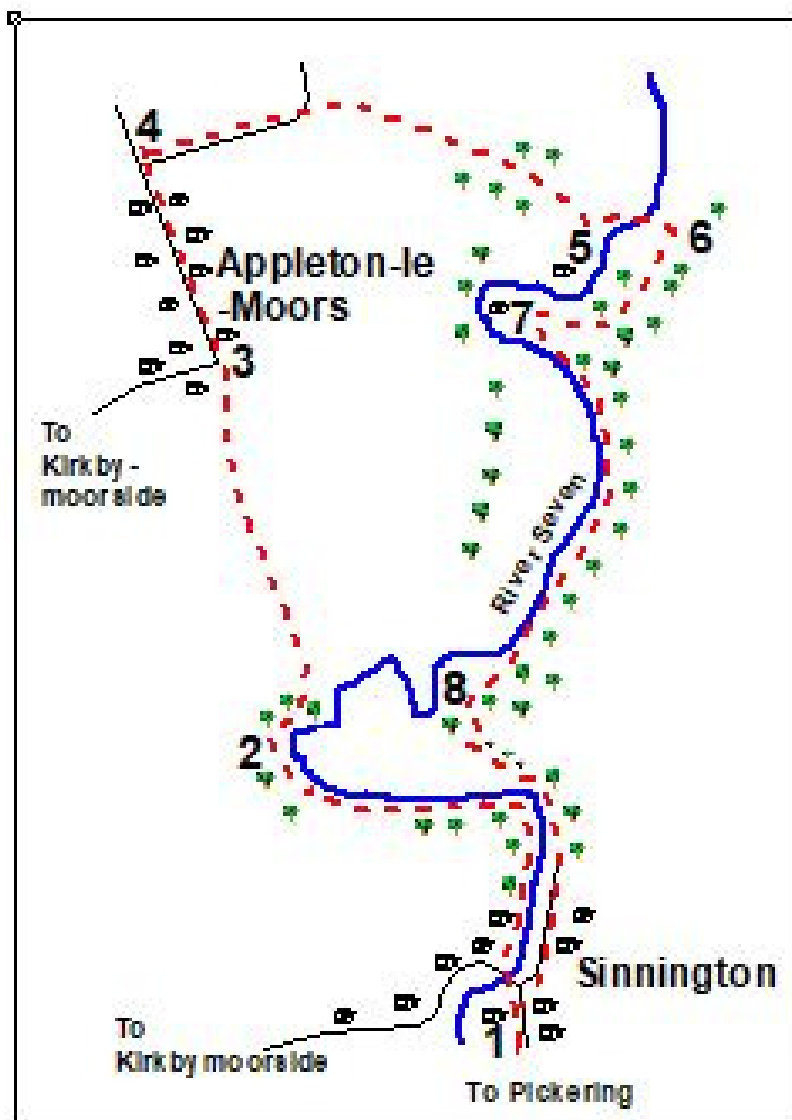
*Two lovely villages, peaceful woodland and open farmland are all included in this walk which is shaped for much of its length by its proximity to the River Seven. There are some strenuous upward stretches, and in all but the driest weather there will be muddy sections so don't try this walk in trainers.*

To reach your starting point in Sinnington leave Slingsby heading for Kirkbymoorside. Turn right on the A170 and carry straight on at the roundabout towards Pickering. After passing the junctions to Hutton le Hole and then Appleton le Moors, take the next junction to Sinnington. Pass over the bridge across the River Seven and arrive on the Green. There is a small car park (a small charge) on the Green itself for which turn immediately left, or a little further on there is parking on the roadside.

**Start** – Sinnington Village Green

**Distance** – Around 5 miles

**Duration**- 2½ -3 hours



1. From the Green walk back over the river bridge then immediately turn right along the bridleway with the river on your right. After the last house the track enters woodland and after a relatively level stretch the path starts a gradual ascent. The path bends to the left following the line of the river and emerges from the woodland with fields on your left. Stay on the path until you arrive at a hand gate on your right with a National Park logo and bridleway arrow.
2. Turn right through the gate and continue through the wood, still with the river below to the right. Arriving at the end of the mature woodland pass through the gate on to a wide grassy path with newly planted wood on both sides. Another gate a little further on leads in to another field with the hedge on your left and a long climb commences along the rough track. Stay on that track passing through two more gates before the path levels and emerges between farm buildings to arrive in Appleton le Moors Village.
3. Turn right and walk up through the village passing the Moors Inn pub on the left and the Church on your right. After the last house on the right at the top of the village a road junction signposted to Cropton is on your right with two benches nearby for a rest if you need it.
4. Turn right and walk along the lane between high hedges. Ignore the footpath off to the right and continue until the road bends to the left. Go straight ahead there on the tarmaced track signed Appleton Mill Farm, cross the cattle grid and start the long, sometimes rather steep descent into the valley.
5. As the track finally bends to the right into the farm, pass through a gate and go straight ahead keeping the fence on your right. Follow the path across the bridge over the River Seven and climb to the top of the hill with the fence on your left.
6. At the waymark post turn right and go through the waymarked hand gate. The path rises fairly steeply uphill through the woods before arriving at a triangular junction. Take the right hand branch downhill keeping to the broad main path. Pass through another gate to arrive beside the gate of Nutholm Cottage with white walls and red roof.
7. Don't go through that gate, instead turn left and walk with the hedge on your right, go through the gate at the edge of the woodland, and join the path with the wood on your left and the hedge and field on your right. Stay on that path for a considerable distance, sometimes rising way above the river on your right and often with a considerable drop to the right, so tread carefully. The woodland path eventually arrives at a gate with a field beyond.
8. Go through the gate and turn right at the first gap in the hedge on the right which leads down to a lower field. Turn left and follow the grass track across the field, exiting up a dirt track at the far end. The track rises onto the wood and arrives

at a triple signpost. Follow the sign to Sinnington and stay on the track as it finally reaches the houses in Dark Lane which leads down to village green and your vehicle.

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#### Acknowledgment;

The idea for this walk came from a 1999 book 'Walks around Kirkbymoorside' by Nick Channer. That version referred to long distance views over moors and farmland which unfortunately evaded me due to misty conditions but the walk was very enjoyable nevertheless. Inevitably some things have changed such as signs and the size and maturity of woodland. The woods on the eastern side of the river contain multiple tracks and paths and the route I followed, or rather ended up on, almost certainly differs from Nick's original. If by any chance you take a wrong turn, be assured that by continuing to walk downhill and downstream by the river you will eventually get back on track and finish in Sinnington.